

I'm fundraising for the 1 in 2 women facing mental health issues

Help me reach my donation goal!

\$4050

Empowers 15 health workers to gently guide families through difficult prenatal diagnoses.

\$2500

Provides a First Nations mum and baby culturally safe, trauma informed care during pregnancy.

\$380

Gives a mum and two children fleeing domestic violence a safe place to live, breathe and heal.

\$5000

Gives 10 girls eight weeks of support to build confidence, strength, and resilience.

\$3300

Lifts the voices of 200 women so their stories can add to vital women's mental health research.

\$1000

Fuels vital clinical, academic, and lived experience research that helps women and girls thrive.

\$100

Sparks a stigma-breaking campaign that encourages struggling women to seek help.

My name and goal:



Women's
Mental Health
Australia



Scan the QR
Code to donate